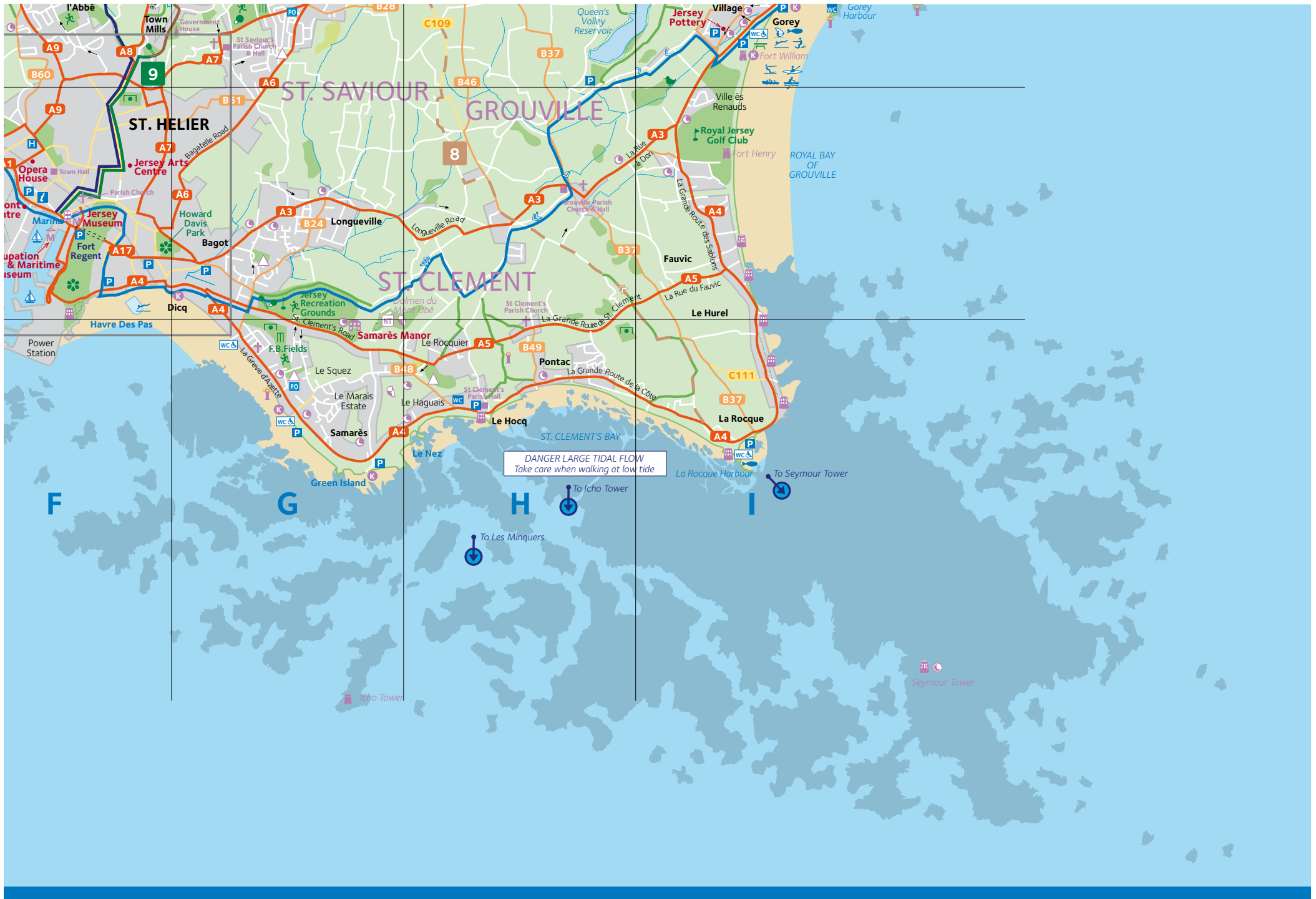




Cycling

| Route | Description | Length | Approx Time |
|-------|---|--------------------|-------------|
| 1 | Around island coastal route. Clockwise | 40 miles / 64 km | 6.5 hours |
| 1b | Durrell to St Martin | 2 miles / 3.5 km | 0.25 hours |
| 2 | Waterworks Valley | 2 miles / 3.5 km | 0.5 hours |
| 3 | Gorey to St. Ouen | 14.5 miles / 23 km | 2.25 hours |
| 3a | Victoria Village to Durrell | 1 mile / 1.5 km | 0.25 hours |
| 4 | St Aubin's Bay to St John | 5 miles / 8 km | 1.25 hours |
| 5 | Vallée des Vaux, Trinity Hill to Liberation Square | 2.8 miles / 4.5 km | 0.5 hours |
| 6 | St Ouen's Bay to St Aubin's Bay | 4 miles / 6.5 km | 0.75 hours |
| 6a | St Peter's Village to The Living Legend | 2 miles / 3.5 km | 0.5 hours |
| 7 | Victoria Village to St Helier | 2 miles / 3.5 km | 0.25 hours |
| 8 | La Hougue Bie to La Rocque | 3.5 miles / 5.5 km | 0.5 hours |
| 9 | Liberation Square to the Caesarean Tennis Club Northbound one way. | 1.24 miles / 2 km | 0.25 hours |



DANGER LARGE TIDAL FLOW
Take care when walking at low tide

To Les Minquers

To Icho Tower

To Seymour Tower

Seymour Tower

| | | | | | | | | | |
|--|--|--|---|--|--|---------------------------------------|---|---|---|
| Main Road Route Principale Hauptverkehrsstrassen | Green Lane Chemins de Randonnée Green Lane | Banana-Boat Ride Banana-Boat Ride Banana-Boat Ride | Bowls Pétanque Bowls | Car Park Parking Parkplatz | Church Église Kirche | Fishing Pêche Angeln | Gardens Jardins Gartenanlage | German Occ. Site Site de l'occupation allemande Im 2. WK unter deutscher Besatzung | Hovercraft Aérogليسeur Hovercraft |
| 'B' Road Route Catégorie 'B' Verkehrstrassen | Footpath Sentier Pédestre Fussweg | Blo-Karting Blo-karting Blo-kart | Camping Camping Campingplatz | Car Park (disabled) Parking (handicapés) Parkplatz (für Rollstuhlfahrer) | Cricket Cricket Cricket | Football Football Fußball | Go Kart Racing Carting Gokart-Bahn | Horse Racing Courses hippiques Pferderennen | Kiosk Marchand de glaces Kiosk |
| 'C' Road Route Catégorie 'C' C - Weg | Cycle Routes Pistes Cyclables Rad-Routen | Body-boarding Body Boarding Body Boarding | Canoeing Canoe-kayak Kanufahren | Castle / House Château / Maison Burg / Schloss | Doughnut-Ride Doughnut-Ride Donut-Ride | Fort Fort Festung | Golf Golf Golf | Hospital Hôpital Krankenhaus | Kite-surf Kite-Surfen |
| Minor Road Autre Route Nebenstrassen | Accommodation Hébergement Unterkunft | National Trust for Jersey National Trust de Jersey National Trust für Jersey | Post Office Bureau de poste Postamt | Rugby Rugby Rugby | Sports Field Terrain de sport Sportplatz | Swimming Natation Schwimmen | Toilets (disabled) Toilettes (handicapés) Toiletten (für Rollstuhlfahrer) | Wind-surfing Planche à voile Windsurfen | |
| Lighthouse Phare Leuchtturm | Mast Pylône Mast | Nature Reserve Réserve naturelle Naturschutzgebiet | Prehistoric Site Site préhistorique Prähistorische Stätte | School École Schule | Sub Aqua Plongée sous-marine Tauchen | Tennis Tennis Tennis | Viewpoint Point de vue Aussichtspunkt | Yachting Navigation de plaisance Segeln | |
| Jersey Tower Tour de Jersey Jersey Tower | Motor (cycle) Racing Course automobile (ou moto) Auto-/ Motorradrennen | Picnic Pique-nique Picknick | Riding Stables Centre équestre Reiterhof | Speed Boat Speed Boat Speed Boat | Surfing Surf Wellenreiten | Toilets Toilettes Toiletten | Water Skiing Ski nautique Wasserski | Zoo Zoo Zoo | |
| Jet Ski Ski de Gicleur Strahl Ski | Museum Musée Museum | | | | | | | | |

Index

| | | | | | | | | | | | | | |
|-----------------------------|-------|-----------------------------|-------|-----------------------------------|-------|--------------------------------|-------|----------------------------|-------|----------------------------|-------|-----------------------------|-------|
| aMaizin Maze Adventure Park | C3 | F.B. Fields | G6 | Jersey Goldsmiths | D2 | La Rue a Don | H5 | Mont à la Brune | B4-C4 | Rozel Bay | H2 | The Grove | E4 |
| & Craft Centre | C3 | Faldouet Dolmen | I4 | Jersey Lavender Farm | C5 | La Rue de la Vallée | D2-D3 | Mont Cochon | E3-E4 | Rozel Camping Park | I2 | Tour de Rozel | H2 |
| Airport | B4-C4 | Fauciv | H5-I5 | Jersey Museum | F5 | La Rue des Mans | C4 | Mont des Vignes | D4 | Sion | F3 | Town Mills | F4 |
| Anne Port | I4 | Fiquet Bay | B6 | Jersey Pearl | A2 | La Villaise | A2 | Mont du Jubilé | B4-C4 | Sir Francis Cook Gallery | F3 | Treasures of the Earth | A2 |
| Archirondel | I3 | First Tower | E4 | Jersey Pottery | I4 | La Rue ès Picots | G2 | Mont Fiquet | B5 | Sir Winston Churchill Park | C5 | Trinity P.H. | G2 |
| Bagatelle Road | F5-G5 | Five Oaks | G4 | Jersey Rec. Ground | G5-G6 | La Ville d'Église | B3 | Mont Mado | E2 | Sorel | D1 | Trinity P.C. | G2 |
| Bagot | G5 | Fliquet Bay | I2-I3 | Jersey War Tunnels | D3 | Le Becquet Servais (Sion) | F3 | Mont Orqueil Castle | I4 | Saie Harbour | I2 | Val de la Mare | B3 |
| Battle of Flowers Mus. | B2 | Fort Henry | I5 | Kempt Tower | A3 | Le Claire Stables | E2 | Moto Cross | D1 | Samarès | G6 | Vallée des Vaux | F4 |
| Beaumont | D4 | Fort Regent Leisure Centre | F5 | Kingdom Hall | A5 | Le Fosse Vicq | D1 | Mourier Bay | E1 | Samarès Manor | G6 | Verclut | I3 |
| Beaumont Hill | D4 | Fort William | I4 | L'Etacq | A2 | Le Haguais | G6 | Mourier Valley | D1 | Sand Racing | B4 | Vicard | G1 |
| Beauport | B5 | Fountain Jewellery | A2 | L'Etaquerel | G2 | Le Hocq | H6 | Noirmont | D6 | Shell Garden | C5 | Victoria Avenue | F5-E4 |
| Bequet Vincent | F3 | Frémont | E1 | Le Moulin de Quétivel | D4 | Le Hurel | I6 | N. Coast Visitor Centre | C1 | St. Aubin | D5 | Victoria Village | G3 |
| Bel Royal | D4 | Geoffrey's Leap | I4 | Le Nez Point | G6 | Le Marais Estate | G6 | Occupation Tapestry Museum | F5 | St. Aubin's Bay | D5-F5 | Ville à L'Eveque | F2 |
| Belcroute Bay | D5 | German Command Bunker | D6 | Le Pinacle | A1 | Le Moulins de Quétivel | D4 | Opera House | F5 | St. Aubin's Fort | D5 | Ville au Bas | B3 |
| Bellozanne | E4-F4 | Giffard Bay | F1 | Le Pulec | A1 | Le Nez Point | G6 | Pallot Steam Museum | F3 | St. Aubin's Harbour | D5 | Ville Emphrie | E4 |
| Belval Cove | I3 | Glass Church (St. Matthews) | E4 | Le Rocquier | H6 | Le Pinacle | A1 | Petit Port | A5 | St. Brelade | B5-C5 | Ville ès Gaudins | H3 |
| Beuvelande Campsite | H3 | Gorey Harbour | I4 | Le Sauchet | H2 | Le Pulec | A1 | Petit Port | G1 | St. Brelade's Bay | C5 | Ville ès Nouaux, St. Martin | H2 |
| Bleu Soleil Campsite | B2 | Gorey Village | I4 | Le Squez | G6 | Le Pulec | A1 | Petit Port | G1 | St. Brelade's P.H. | D5 | Ville ès Nouaux, St. Helier | E4 |
| Bon Air Riding Stables | E2 | Government House | G4 | Léoville | B2 | Le Rocquier | H6 | Plémont | A1 | St. Catherine's Bay | I3 | Ville ès Renauds | I5 |
| Bonne Nuit | F1 | Grands Vaux Reservoir | G4 | Les Augrès Manor | G2 | Le Sauchet | H2 | Pont Marquet Country Park | C5 | St. Catherine's Bay | B5 | Ville la Bas | A1 |
| Bouchet Pottery | B2-C2 | Grands Vaux | F4-G4 | Les Camps du Chemin | G1 | Le Squez | G6 | Pontac | H6 | St. Helier P.C. | F5 | Waterfront Centre | F5 |
| Bouilly Port | B5 | Green Island | G6 | Les Creux Country Park | B5 | Le Squez | G6 | Portinifer | B1 | St. Helier Harbour | F5 | Wheatlands Golf Course | D4 |
| Bouley Bay | G2 | Grève d'Azette | G6 | Les Croix | F2 | Le Squez | G6 | Portelet | C6 | St. John's P.C. | E1 | Wolf's Caves | E1 |
| BSJA Showground | E2 | Grève de Lecq | B1 | Les Landes | A1 | Léoville | B2 | Portelet Bay | C6 | St. John's P.H. | E1 | | |
| | | Grève de Lecq Barracks | C1 | Les Mielles | B3 | Les Augrès Manor | G2 | Portelet Common | C6 | St. John's Village | E1 | | |
| | | Grosnez Castle (ruins) | A1 | Les Mielles Golf and Country Club | B4 | Les Camps du Chemin | G1 | Queen's Valley Reservoir | H4 | St. Lawrence's P.C. | E3 | | |
| | | Grosnez | A1 | Les Ormes Leisure Village | B4-C4 | Le Grande Route de la Cote | H6-16 | Race Course | A1 | St. Lawrence's P.H. | E3 | | |
| | | Grouville P.H. | H5 | Les Pallieres | A1 | La Grande Route de St. Jean | C3-C4 | Red Houses | C5 | St. Mary's P.H. | C2 | P.C. - Parish Church | |
| | | Grouville P.C. | H5 | Les Pres | A2 | La Grande Route de St. Pierre | C3-C4 | Riffe Range | C1 | St. Mary's P.C. | C2 | P.H. - Parish Hall | |
| | | Hamptonne | E3 | Les Quennevais | C4 | La Grande Route des Mielles | A3-B5 | Ronez | C1 | St. Ouen's Bay | A2-A5 | | |
| | | Handois Reservoir | E2 | Les Quennevais Leisure Centre | B4 | La Grande Route des Sablons | I5 | Ronez | C1 | St. Ouen's Manor | C3 | | |
| | | Harbour Gallery | D5 | Longueville Road | G5-H5 | La Grande Route de St. Clement | H6-I5 | Route d'Ebenezer | F2 | St. Ouen's Pond | B3 | | |
| | | Hill Climb Site | G2 | Marina | F5 | La Grande Route de St. Jean | F2-F4 | Route de Francief | C4 | St. Ouen's P.H. | B2 | | |
| | | Howard Davis Farm | F2 | Maritime Mus. | F5 | La Grande Route de St. Laurent | E2-E4 | Route de Maufant | H3 | St. Ouen's P.C. | B3 | | |
| | | Howard Davis Park | F5 | Maufant Village | H4 | La Grande Route de St. Martin | G4-H5 | Route de Noirmont | C5-D5 | St. Peter's P.C. | C3 | | |
| | | île Percée | D6 | Millbrook | E4 | La Grande Route de St. Ouen | B2-C3 | Route de Vinchelez | B1-B2 | St. Peter's P.H. | C3 | | |
| | | Island Centre Stone | F3 | Millbrook Reservoir | E4 | La Grande Route de St. Ouen | B2-C3 | Route des Issues | E2-F2 | St. Saviour's P.H. | G4 | | |
| | | Jardin d'Olivet | G2 | Model Aircraft Field | A1 | La Grande Route de St. Pierre | C3-C4 | Route du Marais | B2 | St. Saviour's P.C. | G4 | | |
| | | Jardins de la Mer | F5 | Mont à l'Abbe | F4 | La Grande Route de St. Pierre | C3-C4 | Route Orange | B5 | Synagogue | C5 | | |
| | | Jersey Arts Centre | F5 | | | La Grande Route des Mielles | A3-B5 | Royal C.I. Yacht Club | D5 | | | | |
| | | Jersey Bowl | C4 | | | La Grève d'Azette | G6 | Royal Jersey Golf Club | I5 | | | | |
| | | | | | | La Haule | D5 | Rozel | H2 | | | | |