

**(Tuesday) Bone Crypt, Market Harborough & Foxton Locks (sheet 1)**

Ride starts from Main Gate. OS Landranger Map 141 required

The short ride (36 miles) is to Welland Park, Market Harborough, with plenty of Pic-nic space, Childrens Play-Ground and a small Café. There is a second Café in the Indoor Market at the far end of the Park, or various eating places in Town. The medium route (48 miles) and the long route (66 miles) go to Foxton Locks before going on to the Park. All routes return via Brampton Valley Way through two tunnels (Lights advised). The Bone Crypt in Rothwell Church will be open for our visit, just before the first Coffee Stop on the outward journey. The visit is free but donations would be appreciated, it is open just for us.

No	Stage	Short	Med	Long	Detail
1		0.00	0.00	0.00	Leave site into Waverley Road
2	0.12	0.12	0.12	0.12	L at T into Pipers Hill Road
3	0.31	0.43	0.43	0.43	R at T into London Rd then Immediately L into Hawthorn Rd
4	0.12	0.55	0.55	0.55	SO at X Rds (Give Way)
5	0.08	0.63	0.63	0.63	SO at X Rds (Give Way)
6	0.09	0.72	0.72	0.72	L at X Rds into Headlands
7	0.37	1.09	1.09	1.09	SO at end of Headlands through bollards and over the railway bridge
8	0.13	1.22	1.22	1.22	At bottom of the hill cross the road then R onto Foot/Cycle-path by the lake
9	0.31	1.53	1.53	1.53	L at end of path, over bridge then R onto path by the brook
10	0.54	2.07	2.07	2.07	L at T into Northampton Rd, then immediately R into Bow Hill
11	0.32	2.39	2.39	2.39	R at T into Gipsy Lane
12	0.67	3.06	3.06	3.06	L (SP Thorpe Malsor 1 1/4) just before end of Gipsy Lane
13	0.41	3.47	3.47	3.47	Bare R at bottom of hill and continue past Thorpe Malsor
14	1.76	5.23	5.23	5.23	R at Three Chimneys (SP ? ) The direction arm is missing.
15	1.29	6.52	6.52	6.52	SO at Double ROB into Rothwell
16	0.41	6.93	6.93	6.93	R into Squires Hill, on the bends, to the Church. <b>(Rothwell)</b>
17	0.05	6.98	6.98	6.98	Into Church with Bone Crypt, open for our visit
18	0.05	7.03	7.03	7.03	Walk up lane L of Church. Cross carpark (market) diagonally. Coffee Stop at Plotter's Table
19	0.00	7.03	7.03	7.03	R out of Coffee Stop into Bridge Street
20	0.13	7.16	7.16	7.16	L at Mini ROB (SP Kettering)
21	0.11	7.27	7.27	7.27	R into Fox Street (SP Harrington 3)
22	0.57	7.84	7.84	7.84	SO at ROB 3rd Exit (SP Harrington)
23	0.78	8.62	8.62	8.62	R (SP Thorpe Underwood 1/2)
24	1.06	9.68	9.68	9.68	R at T (SP Braybrooke 2 3/4) <b>(Newbottle Bridge)</b>
25	0.91	10.59	10.59	10.59	L at X Rds (SP Arthingworth 1 1/2)
26	0.12	10.71	10.71	10.71	R (SP Great Oxendon 2 1/2)
27	2.38	13.09	13.09	13.09	SO at Staggered XRds (SP East Farndon 2) <b>(Great Oxendon)</b>
28	0.35	13.44	13.44	13.44	Bare R (SP East Farndon 1 3/4)
29	1.21	14.65	14.65	14.65	R at T into Clipston Road (SP East Farndon 1/4)
30	0.31	14.96	14.96	14.96	SO in East Farndon. <b>Med &amp; Long</b> Fork L (SP Marston Trussell 1 3/4) and go to <b>57</b>
31	0.92	15.88	###	###	SO at ROB <b>(Market Harborough)</b>
32	0.51	16.39	###	###	SO at XRds into Farndon Road
33	0.03	16.42	###	###	R into Park for Lunch Stop. Pic-nic, Small Café after the Playground. Or go to <b>34</b>
34	0.53	16.95	30.02	37.88	SO thro' Park to crossing. Cross road to indoor Market with Café, or L into Town
35	0.11	17.06	30.13	37.99	Follow the path at the side of the brook. Then R into Brampton Valley Way
36	0.03	17.09	30.16	38.02	Cross the A508 into Britannia Walk and continue to the end RH corner
37	0.05	17.14	30.21	38.07	Continue on the Brampton Valley Way and leave Market Harborough
38	2.48	19.62	32.69	40.55	Through tunnel (418 metres long)
39	2.66	22.28	35.35	43.21	Through second tunnel (480 metres long)
40	1.41	23.69	36.76	44.62	L at X Rds (SP Draughton 1/2)
41	0.45	24.14	37.21	45.07	L through Draughton <b>(Draughton)</b>
42	1.18	25.32	38.39	46.25	L at T (SP Harrington 2)
43	0.62	25.94	39.01	46.87	R (SP Foxhall)
44	0.84	26.78	39.85	47.71	L (SP Loddington )
45	1.48	28.26	41.33	49.19	SO through village <b>(Loddington)</b>
46	2.85	31.11	44.18	52.04	R at T into Gipsy Lane
47	0.67	31.78	44.85	52.71	L into Bowhill
48	0.31	32.09	45.16	53.02	L into Northampton Road
49	0.02	32.11	45.18	53.04	R Before Railway Bridge into Lake Avenue. Get onto path and follow the brook
50	0.53	32.64	45.71	53.57	L at end of path, over bridge then R onto path by the lake
51	0.31	32.95	46.02	53.88	At end of path cross road, through bollards and over railway bridge to Headlands
52	0.51	33.46	46.53	54.39	R at X Rds into Hawthorn Road
53	0.08	33.54	46.61	54.47	SO at X Rds (Give Way)
54	0.08	33.62	46.69	54.55	SO at X Rds (Give Way)
55	0.12	33.74	46.81	54.67	R at T into London Rd then immediately L into Pipers Hill

56	0.32	34.06	47.13	54.99	R into Waverley Road and Rugby Field
<b>(Tuesday) Market Harborough &amp; Foxton Locks (sheet 2)</b>					
No.	Stage	Short	Med	Long	Detail
57	0.11	###	15.07	15.07	L into Marston Lane (SP Marston Trussell 1 3/4)
58	1.59	###	16.66	16.66	<b>Long</b> L at T (SP Sibbertoft 2 1/2) <b>Med</b> R (SP Marston Trussell) then go to <b>68</b>
59	0.49	###	###	17.15	L (SP Clipston 2 1/2 Gated Road)
60	2.11	###	###	19.26	L at T (SP Cipston 1/2)
61	0.31	###	###	19.57	R into Clipston
62	0.29	###	###	19.86	L at T (SP East Farndon 2 1/4) Bull's Head on R (Senior Lunches Offer) <b>(Clipston)</b>
63	0.49	###	###	20.35	L (SP Sibbertoft 2)
64	1.98	###	###	22.33	R at T (SP Theddingworth 2 1/4) <b>(Sibbertoft)</b>
65	0.69	###	###	23.02	Bare R (SP Marston Trussell 2)
66	0.91	###	###	23.93	Bare L (SP Marston Trussell 3/4)
67	0.59	###	###	24.52	Bare L (SP Marston Trussell) <b>Long</b> re-joins <b>Med</b> .
68	0.21	###	16.87	24.73	L at T (SP Hothorpe 1 1/2) <b>(Marston Trussell)</b>
69	1.32	###	18.19	26.05	R at T (SP Theddingworth)
70	0.52	###	18.71	26.57	L at T on A4304 then immediately R (SP Mowsley 2 1/2) <b>(Theddingworth)</b>
71	0.11	###	18.82	26.68	R (SP Gated Road Laughton 2 1/2)
72	1.51	###	20.33	28.19	R at XRds (SP Lubenham 2 3/4)
73	0.59	###	20.92	28.78	L (SP Laughton 1)
74	0.69	###	21.61	29.47	R at T (No Signpost) <b>(Laughton)</b>
75	0.11	###	21.72	29.58	R at Triangle (No Signpost)
76	0.51	###	22.23	30.09	SO at Cattle-grid
77	0.59	###	22.82	30.68	R at XRds (SP Gumley 1/2) Cattle-grid
78	0.11	###	22.93	30.79	R at T into Gumley <b>(Gumley)</b>
79	1.09	###	24.02	31.88	L onto towpath before bridge or L after bridge down road to Bottom Lock for Lunch Stop There is a Coffee Shop at the Top Lock and two Pubs at the Bottom
80	1.19	###	25.21	33.07	Out of Carpark then L at road
81	0.61	###	25.82	33.68	R at T (SP Lubenham 1 1/2) Pass H M Prison on R
82	1.51	###	27.33	35.19	R at XRds (SP Market Harborough A6047)
83	0.19	###	27.52	35.38	SO at ROB 1st Exit
84	0.81	###	28.33	36.19	SO at ROB 2nd Exit <b>(Market Harborough)</b>
85	0.65	###	28.98	36.84	Pass Old Grammar School (Interesting Building on Stilts) on L
86	0.05	###	29.03	36.89	R at Traffic Lights (SP Lutterworth A4304)
87	0.15	###	29.18	37.04	SO at ROB
88	0.25	###	29.43	37.29	L at Traffic Lights into Farndon Road
89	0.06	###	29.49	37.35	L into Park then go to <b>34</b>