

(Thursday) East Carlton Park, Hallaton & Uppingham (sheet 1).

Ride starts at Main Gate OS Landranger Map 141 required

The short ride (28miles) is to East Carlton Park, passing Triangular Lodge (an interesting historic building) on the way. West Lodge Rural Centre is our first Coffee Stop. You can take your bikes through the gate into the Pic-nic area where you can eat your packed lunches. Hot & cold food is served in the Cafe. There is a Children's Play Area with a Train/Tractor Ride & many different types of animal to see. There is a charge for this. East Carlton Park has Toilets, a small Ironstone Museum, a Doll's House Shop and a Spinning & Knitting Shop. The Cafe serves Hot & Cold Food. There is a Children's Playground and Walks by the Lake. The medium (43miles) & long (57miles) rides continue to the Tea Shop in Hallaton then on to Stockerston where the medium ride returns by way of Eyebrook Reservoir to join the short ride at East Carlton.

The long ride turns left up a testing hill and on to Uppingham where there are Toilets on the Market Square and various Eating Places, it then continues under the much photographed Haringworth Viaduct, on through Gretton, Lyddington (with it's Bede House & unusual Church Tower) and Stoke Dry, joining the medium ride at the Reservoir. All rides return home through Pipewell after visiting East Carlton Park.

No.	Stage	Short	Med	Long	Detail
1	0.00	0.00	0.00	0.00	Leave site into Waverly Rd
2	0.12	0.12	0.12	0.12	L at T into Pipers Hill Rd
3	0.31	0.43	0.43	0.43	R at T into London Rd (You can use the cycle path on RH side if you wish)
4	0.25	0.68	0.68	0.68	SO at traffic lights
5	0.24	0.92	0.92	0.92	SO at traffic lights
6	0.19	1.11	1.11	1.11	SO No Entry (Except buses,taxis and cycles)
7	0.11	1.22	1.22	1.22	SO at traffic lights.
8	0.62	1.84	1.84	1.84	SO at ROB
9	0.38	2.22	2.22	2.22	SO at ROB
10	0.31	2.53	2.53	2.53	Before large ROB get onto cycle path, then L to 2nd crossing lights.
11	0.05	2.58	2.58	2.58	Cross road then R on cycle path.
12	0.33	2.91	2.91	2.91	Stay on cycle path L (SP Glendon)
13	0.21	3.12	3.12	3.12	ROB 3rd exit (cycle path just before the road)
14	0.21	3.33	3.33	3.33	Come back onto road just before the red NO CAMPING sign and continue L.
15	0.94	4.27	4.27	4.27	R (SP Rushton) continue to Desborough.
16	1.71	5.98	5.98	5.98	Triangular Lodge on left (Worth a look)
17	1.56	7.54	7.54	7.54	R (SP Pipewell) Watch for traffic lights on bridge. (Desborough)
18	0.51	8.05	8.05	8.05	L (SP Market Harborough & West Lodge Rural Centre)
19	0.52	8.57	8.57	8.57	R into West Lodge Rural Centre for coffee stop and toilets.
20	0.72	9.29	9.29	9.29	Return to road, R to Stoke Albany
21	0.44	9.73	9.73	9.73	R at T to Stoke Albany (No SP)
22	1.79	11.52	11.52	11.52	SO at X Rd. Staggered with blind bend (SP Ashley) (Stoke Albany)
23	2.65	14.17	14.17	14.17	R at T (SP Ashley), Med & Long turn L then go to 44 (Ashley)
24	1.72	15.89	###	###	R (SP East Carlton 3/4)
25	1.79	17.68	33.25	47.05	L into East Carlton Park. Lunch stop. Café, toilet, museum, dolls house shop and knitting & spinning shop etc.
26	0.26	17.94	33.51	47.31	Return to entrance, L out of Park.
27	0.23	18.17	33.74	47.54	L onto A427 (Busy road, take care when getting into the middle lane to turn right)
28	0.11	18.28	33.85	47.65	R into lane (SP Pipewell 2 1/2)
29	0.76	19.04	34.61	48.41	Follow road to left at green triangle.
30	1.45	20.49	36.06	49.86	Note very small Church on left as you enter Pipewell.
31	0.32	20.81	36.38	50.18	R at T (SP Desborough 2 1/4)
32	0.08	20.89	36.46	50.26	L (SP Rushton 2)
33	1.49	22.38	37.95	51.75	L at T (SP Kettering 4 1/2) Triangular Lodge is R if you missed it on the way out.
34	1.37	23.75	39.32	53.12	L at T (SP Kettering 3)
35	1.19	24.94	40.51	54.31	SO at ROB, get onto cycle path.
36	0.15	25.09	40.66	54.46	At lights cross road then L & R towards Kettering.
37	0.35	25.44	41.01	54.81	At 2nd lights on ROB cross road then L & R towards Kettering.
38	0.05	25.49	41.06	54.86	At lights cross road then R towards Kettering (Cycle path)
39	0.69	26.18	41.75	55.55	SO at ROB still on cycle path (path ends before town centre)
40	0.64	26.82	42.39	56.19	SO at lights into No Entry except cycles
41	0.14	26.96	42.53	56.33	SO at X Roads. Through two sets of lights into London Road
42	0.66	27.62	43.19	56.99	L into Pipers Hill Road
43	0.32	27.94	43.51	57.31	R into Waverly Road and the Rugby Field.

(Thursday) East Carlton Park, Hallaton & Uppingham (Sheet 2)

No.	Stage	Short	Med	Long	Detail
44	0.15	###	14.32	14.32	R at T to Medbourne (B664)
45	1.49	###	15.81	15.81	L in Medbourne (SP Uppingham 7) (Medbourne)
46	0.11	###	15.92	15.92	L just before church. (SP Hallaton 2 1/4)
47	0.21	###	16.13	16.13	L at Triangle (SP Slawston 1 1/2)
48	0.09	###	16.22	16.22	R (SP Slawston 1 1/2)
49	1.42	###	17.64	17.64	L at T in Slawston (Slawston)
50	0.69	###	18.33	18.33	R at T (SP Hallaton)
51	1.41	###	19.74	19.74	R into Bewicke Arms car park, for coffee stop in Tea Rooms (or Pub)
52		###	19.74	19.74	R out of Tearoom car park. Continue through village (Hallaton)
53	0.21	###	19.95	19.95	R at small green triangle (SP Horninghold & Blaston)
54	0.11	###	20.06	20.06	L at smaller green triangle (SP Horninghold)
55	3.32	###	23.38	23.38	Medium R at T (SP Stockerston 1/2) Long L (SP Uppingham 2 1/2) and go to 63
56	0.61	###	23.99	###	L on RH bend (SP Stoke Dry 1 3/4) (Stockerston)
57	2.39	###	26.38	40.18	L at T (SP Great Easton 1/2)
58	0.91	###	27.29	41.09	R at Cross on triangle (SP Bringhurst 3/4) (Great Easton)
59	0.59	###	27.88	41.68	L at triangle (SP Bringhurst) (Bringhurst)
60	1.53	###	29.41	43.21	R at T in Cottingham (SP Middleton 1/4) (Cottingham)
61	0.22	###	29.63	43.43	R on sharp LH bend (SP Ashley)
62	1.83	###	31.46	45.26	L (SP East Carlton 1 3/4) then go to 25
63	2.28	###	###	25.66	R at T into Uppingham (Uppingham)
64	0.21	###	###	25.87	R at Traffic lights (SP Caldecott 4)
65	0.09	###	###	25.96	L at X Roads into High Street East (Toilets on Market Square & various eating places on Square & High Street East. Also Antique Centres)
66	0.21	###	###	26.17	R at ROB into Seaton Road
67	0.79	###	###	26.96	SO at X Roads to Seaton (SP Seaton 1 1/2)
68	1.71	###	###	28.67	R at X Roads (SP Seaton Station 1 1/4 - Harringworth 1) (Seaton)
69	0.41	###	###	29.08	L at T (SP Morcott)
70	0.09	###	###	29.17	Fork R then under viaduct to Harringworth.
71	0.61	###	###	29.78	R at T (SP Gretton 2 1/2) continue back under viaduct to Gretton (Harringworth)
72	2.09	###	###	31.87	Bear R in Gretton (SP Rockingham 3) (Gretton)
73	0.61	###	###	32.48	R just under railway bridge (SP Lyddington 2 1/2) Blind bend BEWARE
74	1.11	###	###	33.59	R at T (No Sign Post)
75	0.09	###	###	33.68	L (SP Uppingham 3)
76	1.03	###	###	34.71	In Lyddington, Bede House & Church, unusual tower on R (Lyddington)
77	0.08	###	###	34.79	L (SP Stoke Dry 1)
78	0.95	###	###	35.74	SO at X Roads over A6003 (Stoke Dry)
79	2.05	###	###	37.79	L at T (SP Great Easton 2 3/4) then go to 57