

The Tandem Club – International Rally 2017				
Oberhausen/Nahe Germany				
				GPX file: ITR17_MON_flat_44k.gpx
Meisenheim „flat“ 43,6 km / 27 m				
Meisenheim „flat“ is not really flat but it's short! Unfortunately, there is a climb in the beginning and on the way back up to the vineyard <b>Gut Herrmannsberg</b> . We call it „The Domaine“. The climb offers rewarding views! We pass the beautiful <b>Glan valley</b> and enter <b>Meisenheim</b> , one of the few towns in our region that weren't destroyed during the many french-german wars. At last it's the „The Domaine“ hill climb again. Sorry for that.				
Map: Kompass „Hunsrück/Obere Nahe“ No 3061				
Point	Total km	km	Instruction	Description
0	0.0		SO	Start at gate of campsite
1	0.5	0.5	TL	TL on Naheweinstraße and cross bridge
2	0.7	0.2	BR	BR after bridge and continue on CP on left side of rd
3	1.0	0.3	SO	pass restaurant Herrmannshöhle
4	1.6	0.7	TL	TL, pass under railway and follow rd that turns left – beginning of climb. Follow Nahe CP up to point 16
5	2.4	0.8	BR	BR, follow green arrow
6	2.8	0.4	TL	end of climb, TL and continue downhill – after enjoying the view
7	3.8	1.0	SO	cross railway
8	4.4	0.6	SO	pass restaurant Niederthäler Hof
9	4.6	0.2	TL	after bridge over railway
10	4.9	0.2	TL	TL at greenSP Bad Sobernheim 9,5 and yellow SP Boos 2 km
11	5.6	0.8	TL	TL at TJ and immediately right- greenSP Bad Sobernheim 8,8 Boos 1,8 – yellowSP Boos 1 km
12	5.7	0.1	TL	TL at TJ and pass under railway and continue on CP alongside river Nahe
13	7.0	1.3	BL	BL on CP greenSP Bad Sobernheim 7,3 Staudernheim 4,1
14	7.7	0.7	SO	Herrenhof café and pub
15	8.6	0.9	TR	pass sewage plant and TR, green arrow
16	9.5	0.9	TR	take branch-off to Glan-Blies CP on RHS and cross former railway bridge – the disused railway tracks are now used by „hand cars“: There are several crossings until Meisenheim and you need to be careful with them: They can hardly brake! - green SP Meisenheim 13 Odernheim 3,5 you are now on Glan-Blies-CP until Meisenheim (point 39)
17	10.1	0.6	TL sharp	TJ hairpin bend SP green Meisenheim 12 Odernheim 2,8 To visit <b>Disibodenberg</b> ruins of medieval monastery TR (it's uphill...) cross tracks (remember hand cars?) and continue
18	11.9	1.8	SO	So and cross tracks again
19	12.2	0.3	SO	greenSP <b>Odernheim</b> am Glan
21	12.5	0.2	TL	junction continue on main street a few yards only
22	12.5	0.1	TR	into Glanweg greenSP Meisenheim 9,5
23	12.6	0.1	SO	cross tracks again and leave Odernheim soon after
28	14.7	2.0	SO	Beginning of strip rd
29	16.7	2.1	SO	SO – end of strip rd
30	16.8	0.1	TL	TL – cross tracks - Attention hand cars passing!
31	17.0	0.1		Enter village <b>Rehborn</b>
32	17.0	0.1	TR	TR – SP green Meisenheim 5,0 Raumbach 2,5
33	17.4	0.4	SO	
34	17.8	0.4		cross cobble stone bridge over River Glan
35	17.9	0.1	TL	TL at inn „Bitte ein Bit“
36	19.5	1.6	TL	cross rail tracks onto small wooden bridge and cross rd pass village <b>Raumbach</b> and continue alongside rail tracks
37	20.6	1.1		public swimming pool on RHS
38	20.8	0.2	SO	cross street

Point	Total km	km	Instruction	Description
39	21.3	0.5	TL	former station of <b>Meisenheim</b> (public toilet in the wagon) TL and cross tracks and pass barrier to get into historic town Retourn ride from Meisenheim to Oberhausen campsite starts here
40	21.5	0.2	BR	into street Saarstraße - cobblestone pavement
41	21.8	0.3	SO	Meisenheimer Hof, nice inn, nice food, but takes time and money
42	22.0	0.2	TL	continue past church
43	22.1	0.1	TL	into main street and pass historical market place and town hall
44	22.4	0.3	TL	pass Obertor gate and TL to place Rapportierplatz with italian ice cream parlour
45	22.6	0.2	TR	to leave town and get back to former station
46	22.6	0.1	SO	you pass the former jewish synagoge, one of the few that survived Nazi rage
47	22.8	0.2	TL	to reach CP behind former station former station of <b>Meisenheim</b> (public toilet in the wagon) Retourn ride from Meisenheim to Oberhausen campsite starts here – Glan-Blies CP up to Staudernheim (point 65)
48	23.0	0.2	TL	to reach CP cross tracks and TL greenSP Bad Sobernheim 21 Freibad 0,7
49	23.5	0.5	SO	cross street
50	24.8	1.3	SO	pass village <b>Raumbach</b> : cross street onto small wooden bridge - TR cross rail tracks and TL onto Cycle Path again
51	26.4	1.6	TR	TR at inn „Bitte ein Bit“
52	26.8	0.4		Enter village <b>Rehborn</b>
53	27.3	0.4	TL	SP green Bad Sobernheim
54	27.5	0.2	TR	cross rail tracks and TR
55	27.5	0.1	SO	SO – Beginning of strip rd
56	29.6	2.0	SO	SO – end of strip rd
57	31.6	2.0		cross tracks into Odernheim
58	31.8	0.1	TL	TL -TJ Spgreen Bad Sobernheim 7,9
59	31.8	0.0	TR	BR Kirchweg
60	32.3	0.5	SO	straight onto track
61	32.9	0.6	BL	CR
62	33.3	0.4	SO	tracks crossing
63	34.1	0.8	TR	TR hairpin bend SP green Bad Sobernheim 5,5 to visit <b>Disibodenberg</b> ruins of medieval monastery go straight on
64	34.6	0.5	SO	cross railway bridge over river Nahe and TR to get down on cycle path
65	34.8	0.2	TL	TL onto Nahe cycle path SP green Bad Münster am Stein 16 – follow Nahe CP up to point 76
66	35.6	0.8	TL	SP Herrenhof
67	36.5	1.0	SO	Cafe Herrenhof
68	37.2	0.7	BR	BR - village <b>Boos</b> to the left with roman remains (see sign to your right)
69	38.5	1.2	TL	TL and pass under railway tracks
70	38.5	0.0	TR	TR onto road SP Bad Kreuznach TJ
71	38.7	0.2	TR	SP Niederhausen
72	39.0	0.3		cross railway bridge and continue
73	39.2	0.2		Hotel and restaurant Niederthäler Hof
74	39.9	0.7	BL	railway crossing
75	41.2	1.3	BR	top of hill end of 2 <sup>nd</sup> climb
76	42.0	0.9	TR twice	TR and pass tunnel under railway - after tunnel TR onto Cycle path to Oberhausen – leave Nahe CP
77	42.7	0.6	SO	pass restaurant Herrmannshöhle
78	43.0	0.3	BL	BL onto cobble stone bridge
79	43.1	0.1	SO	enter village <b>Oberhausen</b>
80	43.2	0.1	TR	TR into Bahnhofsstraße

Point	Total km	km	Instruction	Description
81	43.6	0.5		End of trip at Gate Camping Nahetal
			<b>List of Abbreviations</b>	
			CP	Cycle path
			rd	Road
			TL	Turn left – with exclamation mark <b>TL!</b> = easy to miss!
			TR	Turn right – with exclamation mark <b>TR!</b> = easy to miss!
			SO	Straight on
			BL	Bear left
			BR	Bear right
			greenSP	white Signpost for cyclists, green writing, only number: Bingen 15
			yellowSP	yellow signpost for motorists, number + km: Oberhausen 1 km
			RHS	Right hand side
			LHS	Left hand side
			TJ	T-junction
			XR	Crossing
			rdbt	Roundabout
			SP	Signpost, sign