

		Caernarfon - Challenge 58 miles	Treborth-Caernarfon. Into the mountains and down to the sea.	
Stage	Total	Where	Notes	Elevation
0.00	0.00	Start	Leave campsite by main entrance	177.17ft
0.18	0.18	T junction	Turn right onto A487 and follow for half a mile. CARE.	203.41ft
0.46	0.63	Bus stop	Left through railing area. (Sustrans route 5/8) Small lane then left on road to mini roundabout	200.13ft
0.13	0.76	Mini roundabout	Right onto Penrhos Rd. Go over A55 .	239.50ft
0.47	1.23	T junction	Turn left and follow shared use path down the left side of the road. (Route 8).	236.22ft
0.43	1.66	Major roundabout	Cross busy road before roundabout and continue on cyclepath on the right side of B4547. (Route 8)	118.11ft
0.27	1.93	Cross road.	Cycle route 8 crosses road. Leave route 8 and continue on B4547 through Y Felinheli.	104.99ft
1.35	3.28	Bus shelter on right	Just after passing bus stop on left, turn left into Brynffynnon Rd. Continue up the road ignoring turns.	52.49ft
0.23	3.52	Y junction	Follow road left up hill through housing and past school on right.	170.60ft
0.29	3.80	T junction	Left signposted Bethel. Continue through lanes passing new housing.	203.41ft
0.63	4.43	Left Turn	Turn left signposted Bethel. Continue through lanes.	239.50ft
0.67	5.10	T junction Bethel	Turn left on B4366. Continue through village.	252.62ft
0.54	5.64	Recycling area on right	Turn right at recycling area signposted Llanrug.	318.24ft
1.40	7.04	Llanrug	Straight across A4086. Go to the right of Ystorfa Llanrug and follow Ffordd Glanmoelyn. (Butchers with cafe down Station Road to the left with good bacon butties)	393.70ft
0.20	7.24	Cross roads	Straight on and follow lanes signposted Waunfawr.	387.14ft
2.06	9.30	T junction	Turn left on A4085 and follow this to Rhyd Ddu	416.67ft
0.69	9.99	Waunfawr	Continue through village	511.81ft
1.92	11.91	Snowdonia National Park Sign	Continue	429.79ft
1.83	13.74	Llyn Cwellyn		472.44ft
2.21	15.95	Rhyd Ddu	Just before the Cwellyn Arms turn right SP Nantlle. (Good cafe Ty Mawr just along the A4085 and public toilets further along the A4085 at station on the left. Turn back to rejoin the route).	603.67ft
1.27	17.22	Summit of pass	Enjoy	820.21ft
0.53	17.75	Drws y Coed		554.46ft
1.95	19.70	Nantlle	Continue through village.	357.61ft
0.49	20.19	Road bends sharp left	Bench on the right in a few hundred yards. Good view towards Snowdon summit on a clear day.	344.49ft
1.79	21.98	Left turn in Talysarn	Turn left SP Penygroes on B4418 passing vineyard!	354.33ft
1.04	23.02	Ex-servicemans club on left	100 yards after club turn left into Victoria Rd.	364.17ft
0.12	23.14	Cross roads by Coop	Straight across into Snowdon St. Small cafe in bakery on the left open Mon-Sat until 1.30. (Toilets along the road to the left in car park)	344.49ft
0.15	23.29	War memorial on right	Continue straight.	347.77ft
0.10	23.38	Cycle bridge	Cross over A487 and ignore Route 8. Follow lane between houses.	334.65ft
0.26	23.64	T junction	Turn right	328.08ft

0.12	23.76	Left turn	No lorries sign.	308.40ft
1.50	25.25	Grass Triangle	Turn left and cross old bridge. The lane bears right.	88.58ft
0.11	25.36	T junction	Turn left and follow lane passing chapel on right.	75.46ft
0.93	26.29	T junction	Turn right.	288.71ft
0.14	26.44	Left turn	Signposted Tai'n Lon	249.34ft
0.51	26.94	Tai'n Lon	Continue.	242.78ft
0.42	27.37	T junction	Turn right then immediately turn left. Follow lane ignoring turn to Gors y Wlad (farm).	387.14ft
1.05	28.41	T junction (Option)	Turn left no signpost. Shortly pass microwave mast on the right. (Turning right will lead you to Clynnog Fawr and shorten the route by some 10 miles)	754.59ft
2.55	30.96	T junction	Turn right. No signpost. Letter box in front of you.	554.46ft
0.66	31.62	Turn right	No sign - house / barn to right (for sale Feb 2014).	508.53ft
3.26	34.89	T junction	Turn right onto A499 into Llanaelhaearn. Community cafe/pub 400 yards on the right.	456.04ft
0.37	35.26	Cyclepath	Join cyclepath on right of the road and follow this for 8 miles towards Caernarfon.	446.19ft
3.93	39.18	Clynnog Fawr	Shop in garage and pub. Continue on cyclepath. (short cut rejoins here)	108.27ft
4.27	43.46	Glynllifon gateway	Straight on. To the right, under gateway, into estate and bear left to cafe, craft shops and toilets in the grounds.	111.55ft
0.09	43.55	Left turn	Cross busy road (CARE) and down lane on the left SP Llandwrog.	127.95ft
0.38	43.93	Harp Inn	Opposite the Harp turn right into Church Cottages. Follow road ignoring turnings.	62.34ft
2.29	46.22	Saron	Continue	65.62ft
0.60	46.82	Left turn	After a short hill turn left SP Y Foryd. Continue down to the sea.	78.74ft
0.85	47.67	Sharp right turn	Follow lane along Strait to Caernarfon.	6.56ft
2.77	50.44	Footbridge	Please walk over	19.69ft
0.04	50.49	Castle	Left turn and go right through the town walls.	22.97ft
0.14	50.62	Ice Cream Shop	The route turns left into Palace St between Palace Vaults and the Ice cream shop. (Straight on leads to the Maes with all facilities).	49.21ft
0.13	50.76	Exit Town Walls	After passing the Black Boy Inn exit the walls and continue straight on Balaclava Rd passing Galeri on the left (Route 8).	29.53ft
0.21	50.97	Mini roundabout	Straight on into car park.	36.09ft
0.07	51.04	Join cyclepath	On the left side of car park join cyclepath (route 8).	32.81ft
2.20	53.24	Roundabout	Continue on shared use cyclepath..	65.62ft
1.15	54.39	End of cyclepath	Turn left and follow Route 8 along Beach Road.	98.43ft
0.50	54.89	Toilets	Go right and then immediately left on slate path. Signed Route 8.Continue through housing and past the marina.	26.25ft
0.44	55.33	T junction	Turn left and follow outward route back to Treborth.	75.46ft
2.83	58.16	Finish	Relax.....	177.17ft